

PSK Shopping Tips

All Ages

- **Size up.**
Works well for shorts, tees, and short sleeve dresses.
- **Seek adjustability.**
Pants: Look for adjustable or elastic waistbands & roll up legs or cuffed legs.
Tops: Look for cuffed sleeves.
- **Try capri & cropped.**
Works well for pants, sweaters, and sweatshirts.

Age 4–8

- **Shop the Boy's Dept.**
Compared with girl's sizes boy's pant legs are wider, short inseams are longer, and tees are cut fuller.

Age 8–12

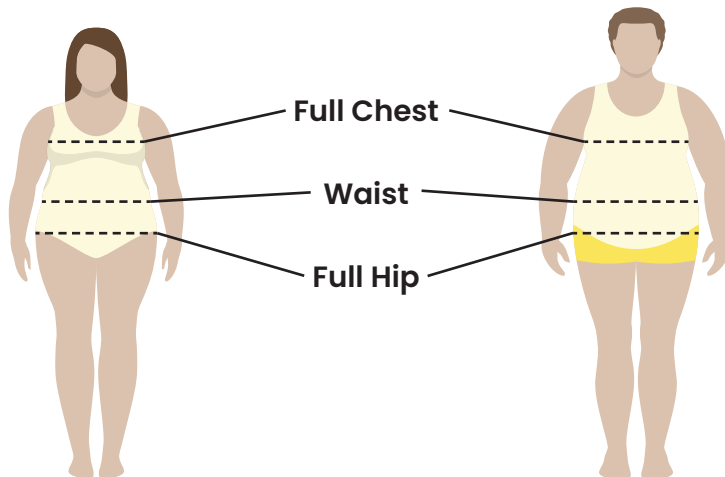
- **Shop the Boy's Dept.**
Compared with girl's sizes boy's pant legs are wider, short inseams are longer, and tees are cut fuller.
 - **Shop kid's plus size.**
Try Ember & Ace; Land's End*; Target*; Amazon*; Old Navy; Kohl's; JCPenney*; Justice
- * School uniform options

Age 12–17

- **Shop all departments.**
Girl's. Boy's. Kid's Plus. Women's & Men's including petite/short, straight, & plus.
- **Alter garments.**
Adult sized clothing items may need to be tailored.
- **Consider custom.**
For specialty clothing, you may need bespoke items.

Online Shopping

- **Know your child's measurements.**
Most brand fit guides use body measurements to determine sizing. Record your child's measurements as a note on your phone.
- **Read customer reviews about fit for an item.**
Does this item run large? Small? Does it have a lot of stretch or none at all?



In Store Shopping

- **Measure garments at home that fit.**
Before you shop, measure pieces you already own that fit your child. Measure **both knit & woven tops & bottoms**. Record the garment measurements as a note on your phone.
- **Encourage your child to try a variety of styles and sizes.**
Include your child on at least one trip. Ask them to try on a variety of pieces to get a sense of what works well right now.

